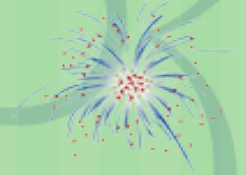


March 2020

ELEMENTARY/MIDDLE LUNCH MENU



Daily Available Lunch Options

Milk Options:

- 1% White Milk, Fat Free
- White Milk, Fat Free
- Chocolate Milk, Fat Free
- Strawberry Milk
- Seasonal Fresh Fruit
- Apples, oranges, pears and bananas

All rolls, breads, and tortillas are made with whole grain.

Menu is subject change.

Milk

Daily Condiment Offerings

Lunch Daily Available Nutritional



Monday	Tuesday	Wednesday	Thursday	Friday
2 Hamburger on Bun Cheeseburger on Bun PB & J Sandwich Veggie Burger on WG Hamburger Bun Broccoli Side Salad	3 Beef Nachos Sour Cream Tuna Salad WG Bread, 2 slices Hummus Plate Fiesta Taco Black Beans Side Salad	4 WG Chicken Tender Spicy WG Breaded Chicken Tender Honey Mustard Cup Deli Sandwich Falafel on Flat Bread Oven Fries Green Beans	5 Sweet Chili Turkey Meatballs Tuna Salad WG Bread, 2 slices Veggie Wrap Steamed Carrots Side Salad	6 Cheese pizza Wedge Turkey Pepperoni Pizza Wedge PB & J Sandwich Carrot Sticks Side Salad
9 Pizza Cruncher Marinara Sauce Cup PB & J Sandwich Veggie Burger on WG Hamburger Bun Corn Side Salad	10 Breaded Drumstick Macaroni and Cheese Tuna Salad Saltine Crackers Hummus Plate Green Beans Side Salad	11 Tangerine Chicken Brown Rice Deli Sandwich Falafel on Flat Bread Steamed Carrots Side Salad	12 Cheese pizza Wedge Turkey Pepperoni Pizza Wedge PB & J Sandwich Carrot Sticks Side Salad	13 PD DAY Schools Closed
16 Breaded Chicken Patty Sandwich PB & J Sandwich Veggie Burger on WG Hamburger Bun Steamed Carrots Green Beans	17 Italian Meatball Sub Tuna Salad Saltine Crackers Hummus Plate Corn Side Salad	18 Chicken Tikka Masala Brown Rice Deli Sandwich Falafel on Flat Bread Fiesta Taco Black Beans Side Salad	19 Chicken Broccoli Cavatappi Tuna Salad WG Bread, 2 slices Veggie Wrap Chopped Spinach Side Salad	20 Cheese pizza Wedge Turkey Pepperoni Pizza Wedge PB & J Sandwich Carrot Sticks Side Salad
23 Chicken Cheese Steak Sub PB & J Sandwich Veggie Burger on WG Hamburger Bun Steamed Carrots Side Salad	24 Mild Boneless Wings Spicy Boneless Wings Macaroni and Cheese Tuna Salad Saltine Crackers Hummus Plate Vegetarian Beans Side Salad	25 Teriyaki Chicken Brown Rice Deli Sandwich Falafel on Flat Bread Broccoli Side Salad	26 Meatloaf Gravy Tuna Salad WG Bread, 2 slices Veggie Wrap Rosemary Garlic Potatoes Green Beans	27 Cheese pizza Wedge Turkey Pepperoni Pizza Wedge PB & J Sandwich Carrot Sticks Side Salad
30 Hamburger on Bun Cheeseburger on Bun PB & J Sandwich Veggie Burger on WG Hamburger Bun Vegetarian Beans Side Salad	31 Savory Roasted Chicken Macaroni and Cheese Tuna Salad WG Bread, 2 slices Hummus Plate Broccoli Side Salad	<p>National Nutrition Month</p> <p>The importance of making informed food choices and developing sound eating and physical activity habits.</p> <p>www.eatright.org/food/resources/national-nutrition-month</p>		