

September 2019

**SECONDARY Hot Breakfast Menu**

**BCPS Food and Nutrition**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<p>9/2</p> <p><b>LABOR DAY</b></p> <p><b>HOLIDAY</b></p>	<p>9/3</p> <p><u>Select One</u> Turkey Sausage Breakfast Pizza Or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Peaches Plums</p>	<p>9/4</p> <p><u>Select One</u> Bagel &amp; Cream Cheese or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Peaches Bananas</p>	<p>9/5</p> <p><u>Select One</u> Chicken Biscuit or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Bananas Fresh Orange</p>	<p>9/6</p> <p><u>Select One</u> Yogurt &amp; Blueberry Muffin or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Selection of Assorted Fruit</p>
<p>9/9</p> <p><u>Select One</u> Oatmeal Breakfast Bun or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Plums Fresh Apples</p>	<p>9/10</p> <p><u>Select One</u> Turkey Sausage Breakfast Pizza or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Peaches Plums</p>	<p>9/11</p> <p><u>Select One</u> Yogurt &amp; Granola Pouch or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Peaches Bananas</p>	<p>9/12</p> <p><u>Select One</u> Chicken Sausage Patty &amp; Egg Breakfast Sandwich or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Bananas Fresh Orange</p>	<p>9/13</p> <p><u>Select One</u> Cinnamon Glazed French Toast or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Selection of Assorted Fruit</p>
<p>9/16</p> <p><u>Select One</u> Pancake &amp; Chicken Sausage Patty w/Syrup Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Plums Fresh Apples</p>	<p>9/17</p> <p><u>Select One</u> Turkey Sausage Breakfast Pizza Or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Peaches Plums</p>	<p>9/18</p> <p><u>Select One</u> Bagel &amp; Cream Cheese or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Fresh Apples Bananas</p>	<p>9/19</p> <p><u>Select One</u> Chicken Biscuit or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Bananas Fresh Orange</p>	<p>9/20</p> <p><u>Select One</u> Yogurt &amp; Blueberry Muffin or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Selection of Assorted Fruit</p>
<p>9/23</p> <p><u>Select One</u> Oatmeal Breakfast Bun or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Plums Fresh Apples</p>	<p>9/24</p> <p><u>Select One</u> Turkey Sausage Breakfast Pizza or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Plums Peaches</p>	<p>9/25</p> <p><u>Select One</u> Yogurt &amp; Granola Pouch or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Fresh Apples Bananas</p>	<p>9/26</p> <p><u>Select One</u> Chicken Sausage Patty &amp; Egg Breakfast Sandwich or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Bananas Fresh Orange</p>	<p>9/27</p> <p><u>Select One</u> Cinnamon Glazed French Toast or Assorted Cold Cereal &amp; Nutrigrain Bar</p> <p><u>Fruit</u> Selection of Assorted Fruit</p>

**Daily: Milk (1% White, fat free white) Fresh Fruit offering varies based on seasonality**  
***This institution is an equal opportunity provider.***

**September 2019**

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<p><i>9/30</i> <u>Select One</u> Pancake &amp; Chicken Sausage Patty Assorted Cold Cereal &amp; Nutrigrain Bar <u>Fruit</u> Plums Fresh Apples</p>				
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**Menu Subject to change**

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