

**September 2019**

**SECONDARY Alternative Breakfast Menu**

**BCPS Food and Nutrition**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<p><i>9/2</i></p> <p><b>LABOR DAY</b></p> <p><b>HOLIDAY</b></p>	<p><i>9/3</i></p> <p>Mini Cinnamon Roll Nutrigrain Bar Peaches Plums</p>	<p><i>9/4</i></p> <p>Cinnamon Cream Cheese Mini Bagels Nutrigrain Bar Peaches Bananas</p>	<p><i>9/5</i></p> <p>Assorted Cold Cereal Graham Cracker Nutrigrain Bar Bananas Apple Slices</p>	<p><i>9/6</i></p> <p>Yogurt Blueberry Muffin Nutrigrain Bar Selection of Assorted Fruit</p>
<p><i>9/9</i></p> <p>Oatmeal Breakfast Bun Nutrigrain Bar Plums Fresh Apples</p>	<p><i>9/10</i></p> <p>Cinnamon Swirl Roll Nutrigrain Bar Peaches Plums</p>	<p><i>9/11</i></p> <p>Yogurt Granola Pouch Nutrigrain Bar Peaches Bananas</p>	<p><i>9/12</i></p> <p>Bagelful Nutrigrain Bar Bananas Apple Slices</p>	<p><i>9/13</i></p> <p>Assorted Cold Cereal Mini Apple Loaf Nutrigrain Bar Selection of Assorted Fruit</p>
<p><i>9/16</i></p> <p>Assorted Cold Cereal Graham Cracker Nutrigrain Bar Plums Fresh Apples</p>	<p><i>9/17</i></p> <p>Cinnamon Burst Bread Nutrigrain Bar Peaches Plums</p>	<p><i>9/18</i></p> <p>Cinnamon Cream Cheese Mini Bagel Nutrigrain Bar Peaches Bananas</p>	<p><i>9/19</i></p> <p>Sweet Potato Swirl Roll Nutrigrain Bar Bananas Apple Slices</p>	<p><i>9/20</i></p> <p>Yogurt Apple Cinnamon Muffin Nutrigrain Bar Selection of Assorted Fruit</p>
<p><i>9/23</i></p> <p>Assorted Cold Cereal Banana Muffin Nutrigrain Bar Plums Fresh Apples</p>	<p><i>9/24</i></p> <p>Graham Cracker Nutrigrain Bar String Cheese Peaches Plums</p>	<p><i>9/25</i></p> <p>Yogurt Granola Pouch Nutrigrain Bar Peaches Bananas</p>	<p><i>9/26</i></p> <p>Berry Burst Bread Nutrigrain Bar Bananas Apple Slices</p>	<p><i>9/27</i></p> <p>Assorted Cold Cereal Mini Apple Loaf Nutrigrain Bar Selection of Assorted fruit</p>
<p><i>9/30</i></p> <p>Oatmeal Breakfast Bun Nutrigrain Bar Plums Fresh Apples</p>				

**Menu Subject to change**

**Daily: Milk (1% White, fat free white) Fresh Fruit offering varies based on seasonality**  
*This institution is an equal opportunity provider.*