



**NATIONAL ETHNIC FOOD MONTH**

Reflect upon the eclectic nature of our world today.

**High School Lunch Menu**

Menu subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>9/2</b></p> <p><b>LABOR DAY</b></p> <p><b>HOLIDAY</b></p>	<p><b>9/3</b></p> <p>Steak Burger w/BBQ Sauce cup <i>or</i> Second Entrée Choice <i>Sides:</i> Emoji Fries Autumn Salad</p>	<p><b>9/4</b></p> <p>Korean BBQ Chicken Over Brown Rice Veggie Spring Roll <i>or</i> Second Entrée Choice <i>Sides:</i> Steamed Broccoli Autumn Salad</p>	<p><b>9/5</b></p> <p>Sloppy Joe on WG Roll <i>or</i> Second Entrée Choice <i>Sides:</i> Green Beans Autumn Salad</p>	<p><b>9/6</b></p> <p>Cheese or Turkey Pepperoni Pizza Wedge <i>or</i> Second Entrée Choice <i>Sides:</i> Carrot Sticks w/Dip Autumn Salad</p>
<p><b>9/9</b></p> <p>Double Stack Burger On WG Bun <i>or</i> Second Entrée Choice <i>Sides:</i> Roasted Butternut Squash Autumn Salad</p>	<p><b>9/10</b></p> <p>Oven Fried Chicken Drumsticks Vegetable Rice <i>or</i> Second Entrée Choice <i>Sides:</i> Collard Greens Autumn Salad</p>	<p><b>9/11</b></p> <p>Chicken Burrito w/Cheese, and Sour Cream <i>or</i> Second Entrée Choice <i>Sides:</i> Fiesta Taco Black Beans Autumn Salad</p>	<p><b>9/12</b></p> <p>Zesty Italian Sub w/Chips <i>or</i> Second Entrée Choice <i>Sides:</i> Rosemary Garlic Potatoes Autumn Salad</p>	<p><b>9/13</b></p> <p>Cheese or Turkey Pepperoni Pizza <i>or</i> Second Entrée Choice <i>Sides:</i> Chips &amp; Salsa Carrot Sticks w/dip Autumn Salad</p>
<p><b>9/16</b></p> <p>Italian Combo Platter w/Marinara Sauce <i>or</i> Second Entrée Choice <i>Sides:</i> Steamed Corn Autumn Salad</p>	<p><b>9/17</b></p> <p>Chicken Cheese Steak Sub On WG Roll <i>or</i> Second Entrée Choice <i>Sides:</i> Steamed Carrots Autumn Salad</p>	<p><b>9/18</b></p> <p>Curry Chicken over Brown Rice Veggie Spring Roll <i>or</i> Second Entrée Choice <i>Sides:</i> Steamed Broccoli Plantain Slices Autumn Salad</p>	<p><b>9/19</b></p> <p>Chicken Tenders w/Honey Mustard, Dinner Roll <i>or</i> Second Entrée Choice <i>Sides:</i> Vegetarian Beans Autumn Salad</p>	<p><b>9/20</b></p> <p>Cheese or Turkey Pepperoni Pizza <i>or</i> Second Entrée Choice <i>Sides:</i> Carrot Sticks w/dip Autumn Salad</p>
<p><b>9/23</b></p> <p>Breaded Chicken Filet Sandwich On WG Bun <i>or</i> Second Entrée Choice <i>Sides:</i> Steamed Carrots Homegrown Side Salad</p>	<p><b>9/24</b></p> <p>Tuna Boat w/ Saltine Crackers <i>or</i> Second Entrée Choice <i>Sides:</i> Steamed Corn Homegrown Side Salad</p>	<p><b>9/25</b></p> <p>Beef Nachos w/Cheese, Salsa and Sour Cream <i>or</i> Second Entrée Choice <i>Sides:</i> Ranchero Pinto Beans Homegrown Side Salad</p>	<p><b>9/26</b></p> <p>Spiral Rotini w/Italian Meat Sauce Garlic Knot <i>or</i> Second Entrée Choice <i>Sides:</i> Steamed Broccoli Homegrown Side Salad</p>	<p><b>9/27</b></p> <p>Cheese or Turkey Pepperoni Pizza <i>or</i> Second Entrée Choice <i>Sides:</i> Carrot Sticks w/dip Homegrown Side Salad</p>
<p><b>9/30</b></p> <p>Fish Nuggets Corn Muffin <i>or</i> Second Entrée Choice <i>Sides:</i> Vegetarian Beans Autumn Salad</p>				

Second Entrée Choices

# September 2019

Peanut Butter & Jelly and Zesty Italian Cold Cut Sandwiches are offered daily. Spicy Chicken Filet Sandwiches are offered Monday and Wednesday. Tuna Salad or fajita chicken Salad is offered on Tuesdays and Thursdays. Friday is "Chef's Choice". Offered Daily: Milk (1%, fat free, fat free chocolate & strawberry flavors).

Daily Salad Choices: May include local-grown lettuce and cucumbers, shredded carrots, corn, green peppers & cherry tomatoes

Seasonal Fruit: May include apples, oranges, nectarines, plums, watermelon, peaches or bananas.

*This institution is an equal opportunity provider.*