

May 2019



# SNACK MENU

BALTIMORE CITY  
PUBLIC SCHOOLS



**Afterschool snacks must contain at least two different components of the following four: a serving of fluid milk; a serving of meat or meat alternate; a serving of vegetables or fruits; a serving of whole grain.**

Milk

Monday		Tuesday		Wednesday		Thursday		Friday	
				1 Cheddar Goldfish or Spicy Cheddar Goldfish Assorted Fresh Fruit		2 Graham Crackers Peanut Butter Cup or Sunbutter Cup		3 Blueberry Muffin  Milk, 1% White Milk, Skim	
6 Cheddar Goldfish Milk	7 Tortilla Chips Salsa Cup			8 Spicy Cheddar Goldfish Ginger Gold Apple		9 Graham Crackers Peanut Butter Cup or Sunbutter Cup		10 Blueberry Muffin Milk	
13 Pretzel Goldfish Milk	14 Cheez-it Crackers Applesauce Cup			15 Giant Cinnamon Graham Assorted Milk		16 Cheddar Goldfish Assorted Fresh Fruit		17 Soft Cheese Pretzel Milk	
20 Cheddar Goldfish Milk	21 Tortilla Chips Salsa Cup			22 Spicy Cheddar Goldfish or Cheddar Goldfish Ginger Gold Apple		23 Graham Crackers Peanut Butter Cup or Sunbutter Cup		24 Blueberry Muffin Milk	
27 MEMORIAL DAY Schools Closed	28 Cheez-it Crackers Applesauce Cup			29 Giant Cinnamon Graham Assorted Milk		30 Cheddar Goldfish Assorted Fresh Fruit		31 Soft Cheese Pretzel Milk	