

MAY



High School Traditional Breakfast Menu 2019

BALTIMORE CITY
PUBLIC SCHOOLS

**Options Available
Daily at Breakfast:**
Cold Cereal Options-
Apple Cinnamon
Cheerios, Multi-Grain
Cheerios, Original
Cheerios, Cinnamon
Toast Crunch, Golden
Grahams, Honey Kix

1% White Milk, Fat
Free White Milk

Menu subject to
change

Milk

Daily Available Breakfast Nutritionals

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cinnamon Raisin Bagel Plain Bagel Assorted Cold Cereal Nutrigrain Bar Banana Fresh Orange Assorted Milk	2 Hard Boiled Egg Buttered Toast Assorted Cold Cereal Nutrigrain Bar Banana Ginger Gold Apple Assorted Milk	3 Plain Bagel Cinnamon Raisin Bagel Assorted Cold Cereal Nutrigrain Bar Assorted Fresh Fruit Assorted Milk
6 Oatmeal Breakfast Bun Assorted Cold Cereal Nutrigrain Bar Black Plum Pear Assorted Milk	7 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Nutrigrain Bar Pear Fresh Orange Assorted Milk	8 Peach & Raspberry Yogurt Crunchy Granola Clusters Nutrigrain Bar Banana Fresh Orange Assorted Milk	9 Chicken Sausage & Egg Breakfast Sandwich Assorted Cold Cereal Banana Nutrigrain Bar Ginger Gold Apple Assorted Milk	10 Cinnamon Glazed French Toast Assorted Cold Cereal Nutrigrain Bar Assorted Fresh Fruit Assorted Milk
13 Pancake Turkey Sausage Link Assorted Cold Cereal Nutrigrain Bar Ginger Gold Apple Pear Assorted Milk	14 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Nutrigrain Bar Applesauce Cup Fresh Orange Assorted Milk	15 Cinnamon Raisin Bagel Plain Bagel Assorted Cold Cereal Nutrigrain Bar Banana Fresh Orange Assorted Milk	16 Hard Boiled Egg Buttered Toast Assorted Cold Cereal Nutrigrain Bar Banana Ginger Gold Apple Assorted Milk	17 Strawberry Banana Yogurt Peach & Raspberry Yogurt Banana Muffin Nutrigrain Bar Assorted Fresh Fruit Assorted Milk
20 Oatmeal Breakfast Bun Assorted Cold Cereal Nutrigrain Bar Ginger Gold Apple Pear Assorted Milk	21 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Nutrigrain Bar Fresh Orange Applesauce Cup Assorted Milk	22 Peach & Raspberry Yogurt Crunchy Granola Clusters Assorted Cold Cereal Banana Nutrigrain Bar Fresh Orange Assorted Milk	23 Chicken Sausage & Egg Breakfast Sandwich Assorted Cold Cereal Nutrigrain Bar Banana Ginger Gold Apple Assorted Milk	24 Cinnamon Glazed French Toast Assorted Cold Cereal Nutrigrain Bar Assorted Fresh Fruit Assorted Milk
27 MEMORIAL DAY Schools Closed	28 Turkey Sausage Breakfast Pizza Assorted Cold Cereal Nutrigrain Bar Applesauce Cup Fresh Orange Assorted Milk	29 Peach & Raspberry Yogurt Nutrigrain Bar Banana Fresh Orange Assorted Milk	30 Hard Boiled Egg Buttered Toast Assorted Cold Cereal Nutrigrain Bar Banana Ginger Gold Apple Assorted Milk	31 Strawberry Banana Yogurt Banana Muffin Nutrigrain Bar Assorted Fresh Fruit Assorted Milk