

MAY



High School Alternative Breakfast Menu 2019

BALTIMORE CITY
PUBLIC SCHOOLS

**Options Available
Daily at Breakfast:**

**Cold Cereal
Options-**

Apple Cinnamon
Cheerios, Multi-
Grain Cheerios,
Original Cheerios,
Cinnamon Toast
Crunch, Golden
Grahams, Honey
Kix

1% White Milk, Fat
Free White Milk

Menu subject to
change

Milk

Daily Available Breakfast Nutritionals

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cream Cheese Mini Bagels Nutrigrain Bar Banana Applesauce Cup	2 Assorted Cold Cereal Graham Crackers Nutrigrain Bar Banana Apple Slices	3 Peach & Raspberry Yogurt Nutrigrain Bar Assorted Fresh Fruit
6 Oatmeal Breakfast Bun Nutrigrain Bar Black Plum Ginger Gold Apple	7 Cinnamon Swirl Roll Strawberry Banana Yogurt Nutrigrain Bar Black Plum Pear	8 Strawberry Banana Yogurt Crunchy Granola Clusters Nutrigrain Bar Banana Applesauce Cup	9 Plain Bagel Cinnamon Raisin Bagel Nutrigrain Bar Banana Apple Slices	10 Apple Mini Loaf Assorted Cold Cereal Nutrigrain Bar Assorted Fresh Fruit
13 Assorted Cold Cereal Graham Crackers Nutrigrain Bar Black Plum Ginger Gold Apple	14 Cinnamon Burst Bread Nutrigrain Bar Pear Black Plum	15 Cream Cheese Mini Bagels Nutrigrain Bar Banana Applesauce Cup	16 Sweet Potato Swirl Nutrigrain Bar Banana Apple Slices	17 Peach & Raspberry Yogurt Blueberry Muffin Nutrigrain Bar Assorted Fresh Fruit
20 Assorted Cold Cereal Graham Crackers Nutrigrain Bar Black Plum Ginger Gold Apple	21 Berry Burst Bread Nutrigrain Bar Pear Black Plum	22 Strawberry Banana Yogurt Crunchy Granola Clusters Nutrigrain Bar Banana Applesauce Cup	23 Oatmeal Breakfast Bun Nutrigrain Bar Banana Apple Slices	24 Apple Mini Loaf Assorted Cold Cereal Nutrigrain Bar Assorted Fresh Fruit
27 MEMORIAL DAY Schools Closed	28 Cinnamon Swirl Roll Nutrigrain Bar Black Plum Pear	29 Cream Cheese Mini Bagels Nutrigrain Bar Banana Applesauce Cup	30 Sweet Potato Swirl Nutrigrain Bar Banana Apple Slices	31 Peach & Raspberry Yogurt Banana Muffin Nutrigrain Bar Assorted Fresh Fruit

This institution is an equal opportunity provider.